This workshop will give you the tools you need to take your practice with children with a history of attachment trauma to a new level of effectiveness. Through didactic, video, and practicum work, participants will leave the workshop prepared to:

- Involve parents in "detective work" to understand child behaviors from the AIP trauma model.
- Write a narrative with the assistance of the family to access preverbal trauma therapeutically.
- Teach a 5 week class: Integrative Parenting: Strategies for Raising Children Affected by Attachment Trauma (powerpoint included).
- Implement EMDR Attachment Resource Development (ARD) to enhance parent-child attachment prior to memory work.
- Apply EMDR Self Regulation Development and Installation (SRDI) to increase affect and behavioral regulation.
- Utilize EMDR empowerment interweaves and other creative interweaves for children with stuck brains.
- Learn to develop collaborative relationships with colleagues to create an effective family-EMDR treatment team.

Learn to heal the attachment wounds rooted in a history of abuse, neglect, foster, or orphanage care through this dynamic presentation. Work effectively with severe behaviors including stealing, lying, aggression, sexualized behaviors, and defiance. This is a practical workshop that gives step-by-step instructions for successfully intervening with parents, strengthening attachment, and resolving trauma and behaviors. Practicum, videos, and handouts allow participants to successfully implement the model.

The presenters have been instrumental in the development of the EMDR Integrative Team Treatment for Attachment Trauma in Children research project and work as a treatment team with The Attachment and Trauma Center of Nebraska. They have presented nationally and internationally and have authored articles and the books, Integrative Team Treatment for Attachment Trauma in Children: EMDR and Family Therapy and Integrative Parenting: Strategies for Raising Children Affected by Attachment Trauma

Deb Wesselmann, MS LIMHP, Cathy Schweitzer, MS, LMHP, Stefanie Armstrong, MS, LIMHP
Qualifications for Participation:

- Participants who have completed the full Basic EMDR training are recommended to attend all 3 days.
- Non-EMDR therapists may attend Part One (1 ½ days) as the family therapist member of an Integrative Treatment Team.
- Master’s or Ph.D. level therapists
- Instructional Level: Intermediate

This workshop is held in facilities that are in compliance with the American Disabilities Act. Please contact Deb Wesselmann (402)981-6130 at least 3 days prior to the workshop if you need accommodations.

EMDR Institute maintains responsibility for this program and its content in accordance with EMDRIA Standards.

Participants in the workshop will receive:

*A 5-week PowerPoint class for parents: Integrative Parenting: Strategies for Raising Children Affected by Attachment Trauma

18 CEs for participants attending all 3 days. 9 CEs for participants attending Part One only.

APA: EMDR Institute, Inc., is approved by the American Psychological Association to offer continuing education for psychologists. EMDR Institute, Inc., maintains responsibility for this program and its contents.

NBCC: EMDR Institute, Inc is an approved provider through the National Board of Certified Counselors: NBCC Provider 5558.

RN: EMDR Institute, Inc is a provider approved by the California Board of Registered Nursing, Provider Number 9755.

BBS: For California the course meets the qualifications for continuing education credit for MFT’s and LCSW’s as required by the California Board of Behavioral Sciences. Approval No: PCE270.

SW: EMDR Institute, provider #1206, is approved for SW continuing education by the Assoc of SW Boards (ASWB) www.aswb.org through the Approved Continuing Education (ACE) program. EMDR Institute maintains responsibility for the program. Social workers participating in this course will receive 18 for 3 days; 9 for 1 1/2 days (clinical or social work ethics) continuing education clock hours. Please contact the EMDR Institute 831-761-1040 or inst@emdr.com for information about continuing education for social workers. (SW boards outside the state in which the training occurs may or may not accept transferral of units depending upon individual state board policy.)

EMDRIA Credits

9.5 EMDRIA CEs pending for participants attending Part 2. (Only those who have attended the full Basic EMDR training may attend Part 2 and receive EMDRIA credits.)

EMDRIA Approval # TBA

“...changed my practice in a tremendously positive way. I was able to begin implementing the methods immediately and have seen dramatic improvement in several clients in just a few short weeks.” Robyn Gobbel, LCSW, from Texas, attended the conference held in Denver.
OBJECTIVES

Part 1: Integrating Family Therapy into Team Treatment for Healing Attachment Trauma in Children

Participants will be able to:

1. List 3 negative beliefs common to children affected by attachment trauma.
2. Demonstrate communication skills in a practicum setting for persuading parents to view their children’s behaviors from a trauma-based perspective.
3. Describe at least 2 strategies implemented by the family therapist to help children develop self-reflection/self-regulation prior to trauma work.
4. Demonstrate - via a written composition - a therapeutic story that includes a positive beginning, a difficult event, negative beliefs, and desired positive beliefs.

Part 2: Integrating EMDR Into Team Treatment for Attachment Trauma in Children

Participants will be able to:

1. Demonstrate effective parent preparation for the Attachment Resource Development protocol during a short practicum role-play using a sample case.
2. Name at least 2 reasons for keeping parents present during EMDR reprocessing of attachment trauma with children.
3. Identify 3 common obstacles to reprocessing during the desensitization phase of EMDR for children suffering from attachment trauma.
4. Identify creative and effective cognitive interweaves for stuck reprocessing with a challenging child case during a group practicum.

AGENDA

Part 1: Integrating Family Therapy Into Team Treatment for Attachment Trauma in Children - 9 CEs

**Wednesday All Day**

8:15-8:45 Sign in
8:45-10:15 Attachment-Trauma Theory/The Team Model
10:15-10:30 Break
10:30-12:00 Family Therapy: History-taking/Conceptualizing Behaviors through the Trauma Lens
12:00-1:15 LUNCH on your own
1:15-2:45 Family Therapy: Helping Parents with Integrative Parenting Strategies, Recognizing the Smaller Child Within
2:45-3:00 Break
3:00-5:00 Family Therapy: Mindfulness Skills The Domino Effect, Collaborating with the EMDR Therapist

**Thursday Morning**

8:30-8:45 Sign in
8:45-10:15 Family Therapy: Creating a Therapeutic Story with the Child with a Traumatic History
10:15-10:30 Break
10:30-11:00 Family Therapy: Dissociation in Children
11:00-11:30 What is EMDR?

Part 2: Integrating EMDR Into Team Treatment for Attachment Trauma in Children – 9CEs

11:30-12:45 LUNCH on your own

**Thursday Afternoon**

12:45-2:45 EMDR Attachment Resource Development (ARD)
2:45-3:00 Break
3:00-5:00 EMDR: Self-Regulation Development and Installation (S-RDI)/Assessment Phase

**Friday All Day**

8:30-8:45 Sign in
8:45-10:15 EMDR: Overcoming Obstacles to Effective Desensitization and Reprocessing
10:15-10:30 Break
10:30-12:00 EMDR: Overcoming Obstacles in Desensitization Phase/Utilizing the Therapeutic Story/Preverbal Trauma
12:00-1:15 LUNCH on your own
1:15-3:15 EMDR: Traumatic Grief/Successful Reprocessing of Current Triggers/Child Future Templates

“The Attachment and Trauma Center of Nebraska Team has assembled years of evidence-based knowledge and techniques to understand and effectively treat attachment and trauma issues in children and adults. They provide this information and training in a professional and instantly usable fashion.” -- --- Randy Basden, MS, LPC, from Douglas, Wyoming, attended the conference held in Denver.

“This research driven integrative approach is designed to treat the whole family and put simply: it works. I have been utilizing protocol learned at the conference with many families in my practice, and they are realizing successful outcomes. I highly recommend and invite you to attend the conference.” --- Kathryn H. LMHC, RPT from Waterloo, IA,
Current research is limited to the application of EMDR to trauma-related disorders.

Oskaloosa Training Registration: August 27th, 28th and 29th 2014

Name: ___________________________________________ Credentials: __________________________

Work Phone: ________________________________________

Work Address: _____________________________________________

E-Mail: ________________________________________________

Fully EMDR trained? Yes__ No__ I am registering for: Part 1 (1 ½ days)___ Both Parts 1 & 2 (All 3 days)____

If you are registering for all 3 days, and if you received NON-INSTITUTE EMDR TRAINING, please send verification of your EMDR training with registration.

Note: If you are NON-EMDR, you may attend 1 ½ days. If you are fully EMDR trained, please attend entire training.

Check Enclosed ___ (checks payable to: The Attachment and Trauma Center of Nebraska-Training)

Credit Card Number: ____________________________________________

Expiration Date: ________________________________________________

Signature: __________________________________________

Send to:
ATCN Training
ATCN
638 N. 109th Plaza
Omaha, NE 68154

or Fax to: (402) 932-4121

Questions: Deb Wesselmann 402-981-3160
or deb@atcnebraska.com

Possible hotel options for travelers:
Comfort Inn Oskaloosa 2401 A Avenue West, Oskaloosa Iowa
Americas Best Value Inn Oskaloosa 1315 A Avenue East, Oskaloosa Iowa
Super 8 - Pella 105 East Oskaloosa Street, Pella Iowa (Pella would be 15 minutes from Oskaloosa)
County Inn & Suites - Pella 315 Roosevelt Road, Pella Iowa Baymont Inn & Suites - Pella 2104 Washington Street, Pella

Oskaloosa Contact:
641-672-3128 (Shanon Claussen direct work extension) 319-350-6718 (Shanon Claussen cell phone number)

(Oskaloosa is approximately 1 hour from the Des Moines, Iowa Airport.)