

Facilitating Attachment in Adopted Children Training (FAACT)

FAACT is a five week parenting course that will empower parents of adopted children with effective techniques to improve relationships with their challenging children. The goal is for parents to learn new parenting techniques to increase the love and laughter in their daily lives.

FAACT Class Overview

Class One:

Attachment and Trauma 101

Class Two:

Calming the Storm: Balancing the Brain through Mindfulness

Class Three:

Responding with Attunement:
Looking Beyond the Behaviors

Class Four :

Boundaries and Consequences
with Love and Empathy

Class Five:

Strengthening Attachment through
Play and Fun

Activities: Parents will participate in a host of activities designed to facilitate communication, interaction, compassion, trust, and empathy. Activities will be led by licensed professionals, with expertise in adoption, trauma resolution, and attachment.

As a parent, what will I learn?

FAACT is designed to assist parents in:

- Identifying the root of their children's misbehaviors.
- Learning effective methods to calm reactive and misbehaving children.
- Strengthening parent-child bonds.
- Identifying the impact of past trauma on the parent-child relationship.
- Healing the hurt child through attunement, nurturing messages, and comforting touch.
- Facilitating attunement between caregivers and children.

Cost: \$120 per couple,
\$ 80 for individual

Checks payable to:
*Please mail this form along with a check to:
Attachment and Trauma Center of Nebraska
12822 Augusta Ave Omaha NE, 68144

Name (s):

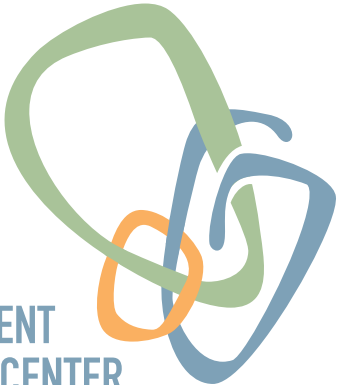
Address:

Phone:

Email:

Session Selection:

Questions? Please call The Attachment and Trauma Center of Nebraska at 403-0190
*If paying by credit card please call the number above.



**THE ATTACHMENT
AND TRAUMA CENTER
OF NEBRASKA**

Facilitating Attachment in Adopted Children Training (FAACT)

A five week parenting course providing an opportunity for parents of adopted children to learn together and strengthen family bonds.

Class Dates:

Fall Session: October 15, 22, & 29
November 5, and 12

9AM-11AM

Location

The Attachment and Trauma Center of Nebraska
12822 Augusta Ave. Omaha NE
(129th & West Center Road)