

EMDR and Family Therapy Integrative Model:

Treatment for Attachment Trauma in Children

3-Day Workshop for EMDR and Non-EMDR Mental Health Practitioners



THE ATTACHMENT
AND TRAUMA CENTER
OF NEBRASKA

Sponsored by EMDR Institute
and The Attachment & Trauma Center of
Nebraska Training Institute

Location:
9233 Park Meadows Drive,
Lone Tree (Denver) Colorado
Dates: October 27th, 28th, and 29th 2011

COMING SOON TO:
**DES MOINES, NEW YORK CITY,
CHICAGO**

This workshop will give you the tools you need to take your practice with children to a new level of effectiveness. The Attachment and Trauma treatment model presented is a breakthrough methodology for treating acute behaviors including stealing, lying, aggression, sexualized behaviors, and defiance, associated with a history of abuse, neglect, foster, or orphanage care.

When treating troubled children, therapists can face a care plan "Catch-22." Children need a secure holding environment in order to address trauma, but the trauma impedes the capacity to trust. Learn how attachment relationships and trauma can be treated in tandem with an EMDR and family therapist working collaboratively. Creating a treatment team of two therapists is the most efficient way to implement this integrated EMDR-Family therapy integrated treatment model.

Collaborating treatment therapists do not have to work in the same agency. Feel free to come alone and network at the conference for collaborative relationships. Both EMDR and non-EMDR therapists are invited to participate in this conference.

Presented by practicing therapists, who have pioneered this approach, this is a practical workshop that gives step-by-step instructions for successfully intervening with parents, strengthening attachment, and resolving trauma and behaviors.

Qualifications for Participation:

- **Participants who have completed the full Basic EMDR training are recommended to attend all 3 days.**
- **Non-EMDR therapists may attend days 1 and 2 as the family therapist member of a treatment team.**
- **Master's or Ph.D. level therapists.**
- **Instructional Level: Intermediate**

Presenters:

Debra Wesselmann, MS, LIMHP, has specialized in treating trauma and attachment problems in adults, children, and families for the past twenty years. Debra Wesselmann also consults for and collaborates with the Omaha YWCA and The University of Nebraska at Lincoln in obtaining grants and developing research for violence prevention and the treatment of traumatic stress and disturbed attachments. She taught in the graduate counseling program at the University of Nebraska at Omaha and is the author of *The Whole Parent: How to Become a Terrific Parent Even if You Didn't Have One*. Debra Wesselmann is an EMDR Institute facilitator and EMDRIA-approved consultant. As a recognized expert in attachment issues, she presents nationally and internationally.

Daniel Bruckner, MS, LIMHP, is part of the treatment team at the Attachment and Trauma Center of Nebraska in Omaha. Dan has over 25 years experience in the mental health field and has a wide knowledge of the issues challenging today's families. He is EMDR trained and specializes in treating children with attachment-related issues.

Stefanie Armstrong MS, LMHP, is a member of the treatment team at The Attachment and Trauma Center of Nebraska in Omaha. Stefanie is a certified EMDR practitioner and has specialized training in treating trauma resolution and attachment problems in children and adolescents.

Cathy Schweitzer, MS, LMHP, is part of the treatment team at The Attachment and Trauma Center of Nebraska. Cathy is EMDR certified and specializes in the treatment of trauma and attachment in children and adolescents. She is also involved in the EMDR and Family Therapy Integrative Model research project.

Registration:

Name: _____

Credentials: _____

Work Address: _____

Work Phone: _____

E-Mail: _____

Are you fully EMDR trained? Yes__ No__

If you are registering for all 3 days, and you received non-institute training please send verification of your EMDR training with registration.

I am registering for which days?

Days 1 & 2___ Days 1, 2 & 3___

Note: If you are NON-EMDR, you may attend only days 1 and 2. If you are fully EMDR trained, it is recommended you attend all 3 days.

Check Enclosed ___ (checks payable to: The Attachment and Trauma Center of Nebraska)

Credit Card Number: _____

Expiration Date: _____

Signature: _____

Send to: ATCN, 12822 Augusta Ave., Omaha, NE 68144
or Fax to: (402) 932-4121**Questions:** Deb Wesselmann at 402-981-6130 or
training@atcnebraska.com**Cost: \$350 for days 1 & 2.****\$525 for days 1, 2 & 3.****COMING WITH A PARTNER? CALL ABOUT "TEAM" DISCOUNT****Late registration: After 10/15/2011, \$400 for days 1 & 2, and \$600 days 1, 2 & 3.****Workshop Location:****9233 Park Meadows Drive, Lone Tree (Denver)****Colorado Dates: October 27th, 28th, and 29th 2011***This workshop is held in facilities that are in compliance with the American Disabilities Act.* Please contact a presenter or the location venue (Jen at 720-295-8661) at least 3 days prior to the workshop if you need accommodations.

EMDR Institute maintains responsibility for this program and its content in accordance with EMDRIA Standards.

Participants in the workshop will receive:

*Integrative Model written manual

*DVD containing a 5-week powerpoint class for parents: Facilitating Attachment for Adopted Children Training (FAACT).

18 CE's for participants attending all 3 days. 12 CE's for participants attending days 1 & 2.**APA:** EMDR Institute, Inc., is approved by the American Psychological Association to offer continuing education for psychologists. EMDR Institute, Inc., maintains responsibility for this program and its contents.**NBCC:** EMDR Institute, Inc is an approved provider through the National Board of Certified Counselors: NBCC Provider 5558.**RN:** EMDR Institute, Inc is a provider approved by the California Board of Registered Nursing, Provider Number 9755.**BBS:** For California the course meets the qualifications for continuing education credit for MFT's and LCSW's as required by the California Board of Behavioral Sciences. Approval No: PCE270.**SW:** EMDR Institute, provider #1206, is approved for SW continuing education by the Assoc of SW Boards (ASWB) www.aswb.org through the Approved Continuing Education (ACE) program. EMDR Institute maintains responsibility for the program. Social workers participating in this course will receive 18 for 3 days; 6 for one day (clinical or social work ethics) continuing education clock hours. Please contact the EMDR Institute 831-761-1040 or inst@emdr.com for information about continuing education for social workers. (SW boards outside the state in which the training occurs may or may not accept transferral of units depending upon individual state board policy.)

6.5 EMDRIA CE's for participants attending day 3. Only those who have attended the full Basic EMDR training may receive EMDRIA credits.

EMDRIA Approval # 01007-13**Objectives:****Thursday: Attachment Trauma - "The New View"****Participants will be able to:**

- Describe the rationale for the integrated team approach and describe the overall structure and protocol.
- Identify 6 behaviors commonly observed in children suffering from attachment trauma as well as the related negative beliefs.
- Identify and describe 3 traditional parenting habits that are ineffective with traumatized children.
- Identify the 4 key components necessary to facilitate an effective class for parents of children with attachment trauma.

Friday: Integrating Family Therapy for Parents and Children with Attachment Disorder**Participants will be able to:**

- Demonstrate communication skills in a practicum setting for persuading parents to view their children's behaviors from a trauma-based perspective.
- Demonstrate - via a written composition - a therapeutic story that includes a positive beginning, negative and positive beliefs, and an empowering present-tense conclusion.
- Describe a minimum of 3 strategies that help children develop self-reflective capacity.

Saturday: Adapting EMDR for Children with Attachment Trauma**Participants will be able to:**

- Identify appropriate EMDR targets for removing obstacles to trust, as well as current triggers and future templates, from a written case study.
- Demonstrate the Attachment Resource Development protocol during a short practicum role-play using a sample case.
- Identify 3 common obstacles to reprocessing during the desensitization phase of EMDR for children suffering from attachment trauma.
- Identify appropriate cognitive interweaves for stuck reprocessing using vignettes during a group practicum.

Agenda:**Thursday Oct. 27 - Attachment Trauma "The New View" - 6 CE's**

8:00-9:00 Sign in, Muffins and Coffee

9:00-10:00 Overview of the Model

10:00-10:15 Break

10:15-12:00 Helping Parents Shift Thinking

12:00-1:00 LUNCH on your own

1:00-3:00 Traditional Vs. Therapeutic Parenting

3:00-3:15 Break

3:15-4:30 Creating a Successful Class

Friday Oct. 28 - Integrating Family Therapy for Parents and Children with Attachment Trauma- 6 CE's

8:30 Sign in

9:00-10:00 Overcoming Obstacles With Parents

10:00-10:15 Break

10:15-11:00 Practicum

11:00-12:00 Self-Reflective Capacity/Emotion Tolerance

12:00-1:00 Lunch on your own

1:00 - 2:00 Continued Emotion Tolerance

2:00-3:00 Therapeutic Story/Practicum

3:00-3:15 Break

3:15-4:30 Adapting the model for bio families, intensives, and less severe cases

4:30-5:00 Optional lecture for Non-EMDR Therapists:

What is EMDR?

Saturday Oct. 29 - Adapting EMDR for Children with Attachment Trauma - 6 CE's (Fully EMDR trained participants only)

8:30-9:00 Sign in

9:00-10:00 Attachment Resource Development

10:00-10:15 Break

10:15-12:00 Practicum/Adapting the Assessment Phase

12:15-1:15 Lunch on your own

1:15-3:00 Adapting the Desensitization Phase/Vignettes

3:00-3:15 Break

3:15-4:30 Separating the Child's Present from the Past with the 3-Prongs of EMDR