

EMDR Integrative Team Treatment for Attachment Trauma in Children

3-Day Workshop for EMDR and Non-EMDR Mental Health Practitioners

Part 1 Non-EMDR: Th. Sept. 6th (All Day) & Fri. Sept. 7th (Morning)

Part 2 EMDR: Fri. Sept. 7th (Afternoon) & Sat. Sept. 8th (All Day)



Co-Sponsors:

St. Mary's Services of Arlington Heights, Illinois & The EMDR Institute

Location of Workshop:

St. Simon's Episcopal Church Parish Hall, 717 W. Kirchhoff Rd., Arlington Heights, Illinois

Dates: September 6th, 7th, & 8th, 2012

This workshop will give you the tools you need to take your practice with children to a new level of effectiveness. The attachment and trauma treatment model presented is a breakthrough methodology for treating acute behaviors including stealing, lying, aggression, sexualized behaviors, and defiance, associated with a history of abuse, neglect, foster, or orphanage care.

When treating troubled children, therapists can face a care plan "Catch-22." Children need a secure holding environment in order to address trauma, but the trauma impedes the capacity to trust. Learn how attachment relationships and trauma can be treated in tandem with an EMDR and family therapist working collaboratively. Creating a treatment team of two therapists is the most efficient way to implement this EMDR Integrative Team model.

Collaborating treatment therapists do not have to work in the same agency. Feel free to come alone and network at the conference for collaborative relationships. Both EMDR and non-EMDR therapists are invited to participate in this conference.

Presented by practicing therapists, who have pioneered this approach, this is a practical workshop that gives step-by-step instructions for successfully intervening with parents, strengthening attachment, and resolving trauma and behaviors.

*EMDR Institute maintains responsibility for this program and its contents.

"This research driven integrative approach is designed to treat the whole family and put simply: it works. I have been utilizing protocol learned at the conference with many families in my practice, and they are realizing successful outcomes. I highly recommend and invite you to attend the conference." --- Kathryn H. LMHC,

Qualifications for Participation:

- **Participants who have completed the full Basic EMDR training are recommended to attend all 3 days.**
- **Non-EMDR therapists may attend Part One (1 ½ days) as the family therapist member of an Integrative Treatment Team.**
- **Master's or Ph.D. level therapists.**
- **Instructional Level: Intermediate**

Presenters: All four presenters have been instrumental in the development of the EMDR Integrative Team Treatment for Attachment Trauma in Children research project and work as a treatment team with The Attachment and Trauma Center of Nebraska.

Debra Wesselmann, MS, LIMHP, has over twenty years experience and is the author of *The Whole Parent: How to Become a Terrific Parent Even if You Didn't Have One*. Debra Wesselmann is an EMDR Institute facilitator and EMDRIA-approved consultant and presents nationally and internationally.

Daniel Bruckner, MS, LIMHP has over 25 years experience in the field of attachment and trauma. Daniel has presented extensively, both locally and across the United States, including presentations at numerous national ATTACH conferences and multiple child and trauma-related workshops in the Midwest.

Stefanie Armstrong MS, LMHP is a certified EMDR practitioner, specializing in the field of trauma and attachment. Stefanie has presented for numerous parent and professional groups including the national ATTACH conference and regional foster and adoptive parent conferences. She has past experience as a teacher and as a counselor with the public schools.

Cathy Schweitzer, MS, LMHP is EMDR certified and specializes in the treatment of trauma and attachment in children and adolescents. She has presented widely to both parent and professional groups on the treatment attachment trauma in children. She has past experience in guidance counseling with the public schools.

This workshop is held in facilities that are in compliance with the American Disabilities Act. Please contact a presenter or the location venue (St. Mary's Services, 847-870-8181) at least one week prior to the workshop if you need accommodations.

EMDR Institute maintains responsibility for this program and its content in accordance with EMDRIA Standards.

Participants in the workshop will receive:

*DVD containing a 5-week PowerPoint class for parents: Facilitating Attachment in Children Training (FACT).

18 CEs for participants attending all 3 days. 9 CEs for participants attending Part One only. (All CEs Pending.)

APA: EMDR Institute, Inc., is approved by the American Psychological Association to offer continuing education for psychologists. EMDR Institute, Inc., maintains responsibility for this program and its contents.

NBCC: EMDR Institute, Inc is an approved provider through the National Board of Certified Counselors: NBCC Provider 5558.

RN: EMDR Institute, Inc is a provider approved by the California Board of Registered Nursing, Provider Number 9755.

BBS: For California the course meets the qualifications for continuing education credit for MFT's and LCSW's as required by the California Board of Behavioral Sciences. Approval No: PCE270.

SW: EMDR Institute, provider #1206, is approved for SW continuing education by the Assoc of SW Boards (ASWB) www.aswb.org through the Approved Continuing Education (ACE) program. EMDR Institute maintains responsibility for the program. Social workers participating in this course will receive 18 for 3 days; 9 for 1 1/2 days (clinical or social work ethics) continuing education clock hours.

EMDRIA Credits Pending-

Please contact the EMDR Institute 831-761-1040 or inst@emdr.com for information about continuing education for social workers. (SW boards outside the state in which the training occurs may or may not accept transferral of units depending upon individual state board policy.)

9 EMDRIA CEs for participants attending Part 2. (Only those who have attended the full Basic EMDR training may attend Part 2 and receive EMDRIA credits.)

EMDRIA Approval # 01007-(pending)

"The conference changed my practice in a tremendously positive way. I was able to begin implementing the methods immediately and have seen dramatic improvement in several clients in just a few short weeks." Robyn Gobbel, LCSW, from Texas, attended the conference held in Denver.

OBJECTIVES

Part 1: Integrating Family Therapy into Team Treatment for Healing Attachment Trauma in Children

Participants will be able to:

- Identify the negative beliefs associated with the 7 common behaviors of children affected by attachment trauma.
- Compare and describe the difference between traditional parenting habits and trauma-informed parenting.
- Demonstrate communication skills in a practicum setting for persuading parents to view their children's behaviors from a trauma-based perspective.
- Describe a minimum of 3 strategies that help children develop self-reflection/self-regulation prior to trauma work.
- Demonstrate - via a written composition - a therapeutic story that includes a positive beginning, negative and positive beliefs, and an empowering present-tense conclusion.

Part 2: Integrating EMDR Into Team Treatment for Attachment Trauma in Children

Participants will be able to:

- Identify appropriate EMDR targets for removing obstacles to trust, as well as current triggers and future templates, from a written case study.
- Demonstrate effective parent preparation for the Attachment Resource Development protocol during a short practicum role-play using a sample case.
- Identify 3 common obstacles to reprocessing during the desensitization phase of EMDR for children suffering from attachment trauma.
- Identify creative and effective cognitive interweaves for stuck reprocessing with challenging children using vignettes during a group practicum.

AGENDA

Part 1: Integrating Family Therapy Into Team Treatment for Attachment Trauma in Children - 9 CEs

Thursday All Day

8:30-9:00 Sign in

9:00-10:30 Attachment-Trauma Theory/The Team Model

10:30-10:45 Break

11:00-12:00 Teaching the FACT Class/ Looking Beyond the Behaviors

12:00-1:00 LUNCH on your own

1:00-2:30 FACT Class/Overcoming Parent Challenges

2:30-2:45 Break

2:45-3:45 Family Therapy: Creating a Secure Holding Environment for Trauma Work/Practicum

3:45-4:30 Family Therapy: Developing the Child's Story

Friday Morning

8:30-9:00 Sign in

9:00-10:00 Family Therapy: Doing the Detective Work/Mindfulness/Emotion Regulation

10:00-10:15 Break

10:15-11:00 Practicum

11:00-12:15 Family Therapy: Creating a Therapeutic Story to Assist in Trauma Work/Practicum

12:15-1:15 OPTIONAL LECTURE "What is EMDR?"

"The Attachment and Trauma Center of Nebraska Team has assembled years of evidence-based knowledge and techniques to understand and effectively treat attachment and trauma issues in children and adults. They provide this information and training in a professional and instantly usable fashion." -- --- Randy Basden, MS, LPC, from Douglas, Wyoming, attended the conference held in Denver.

Part 2: Integrating EMDR Into Team Treatment for Attachment Trauma in Children – 9CEs

Friday Afternoon

1:15 - 3:00 Case Conceptualization/Attachment Resource Development

3:00-3:15 Break

3:15-4:30 Attachment Resource Development/Practicum

Saturday All Day

- 8:30-9:00 Sign in
- 9:00-10:00 Obstacles/Assessment and Reprocessing
- 10:00-10:15 Break
- 10:15-12:00 Overcoming Obstacles/Desensitization Phase
- 12:00-1:00 Lunch on your own
- 1:00-3:00 Adapting the Desensitization Phase/Vignettes
- 3:00-3:15 Break
- 3:15-4:30 Addressing the Current and Future Prongs/Intensives/Bio Families

***Current research is limited to the application of EMDR to trauma-related disorders.**

REGISTRATION

Name: _____ Credentials: _____

Work Phone: _____

Work Address: _____

E-Mail: _____

Fully EMDR trained? Yes__ No__ I am registering for: Part 1 (1 ½ days)___ Both Parts 1 & 2 (All 3 days)___

If you are registering for all 3 days, and you received non-institute training please send verification of your EMDR training with registration.

**Note: If you are NON-EMDR, you may attend only Part 1.
If you are fully EMDR trained, it is recommended you attend all 3 days.**

Check Enclosed ___ (checks payable to: The Attachment and Trauma Center of Nebraska)

Credit Card Number: _____

Expiration Date: _____

Signature: _____

Send to: ATCN, 12822 Augusta Ave., Omaha, NE 68144

or Fax to: (402) 932-4121

<p><u>Cost:</u> \$265 for Part 1: 1 ½ days (9 CEs) \$525 for Parts 1& 2: days 1, 2 & 3 (18 CEs)</p> <p>COMING WITH A PARTNER? CALL ABOUT “TEAM” DISCOUNT</p>

Questions: Deb Wesselmann at 402-981-6130 or training@atcnebraska.com

St. Mary’s is licensed by the Illinois Department of Children & Family Services (#040234) and is an affiliate of ECCS.